

Podcasts: Grief and Loss

In addition to listening to these podcasts, you can also request the opportunity to share your grief and loss experience by being interviewed on *I Want You To Know* and *Dead On Earth*.

These resources are not a substitute for counseling, victim advocacy, crisis intervention, legal advice, or other professional services.

Listener Advisory: Some episodes include discussions of homicide, violent crime, trauma, grief, and other sensitive topics.

This list is not exhaustive and is provided as an informational resource for survivors, loved ones of victims, and allied professionals.

- All There Is:* **Anderson Cooper** takes us on a deeply personal exploration of loss and grief. He starts recording while packing up the apartment of his late mother, Gloria Vanderbilt. Going through her journals and keepsakes, as well as things left behind by his father and brother (who both died young), Cooper begins a series of emotional and moving conversations about the people we lose, the things they leave behind, and how to live on - with loss, with laughter, and with love: [All There Is with Anderson Cooper - Podcast - Apple Podcasts](#)
- *I Want You To Know:* **National Center for Victims of Crime** – Each podcast delivers deeply personal conversations, as victims and their families share what they lost and how they continue forward. These are not surface level retellings. They are honest and emotional, that deserve space. In every episode, you will hear something rarely given the platform it deserves – a victim impact statement, shared in full, in their own words: [I Want You To Know: National Center for Victims of Crime - Podcast - Apple Podcasts](#)
 - *Grief Dreams:* **Dr. Joshua Black** – A conversation about life, loss, grief, and grief dreams with one of the leading academic researchers on the topic: [Grief Dreams Podcast - Apple Podcasts](#)
 - *Dead on Earth:* Hospice and palliative care nurse practitioner, **Kerrith McDowell**, mother of River and Jet Collins, teenaged brothers who were murdered by their father, discusses her loss in the first episode. On a weekly basis, she and fellow nurse practitioner, Sarah Lipscomb, interview others to share their grief and loss experience: [Dead on Earth - Podcast - Apple Podcasts](#)